AGENDA



Date and Time: October 23, 2025 at 7 pm

Location: School Board Office **Details:** General monthly meeting

Special Guests: Dr. Shahana Alibhai of Foundry and Trustee Rupi Kanda-Rajwan

7:00 pm	Call to Order, Welcome & Introductions, Establishment of Quorum
7:05 pm	Dr. Shahana Alibhai: "Feel Better"- Role of Emotions in Mental Health
7:35pm	Q&A with Dr. Shahana Alibhai
7:50 pm	Approval of Previous Meeting Minutes
7:55 pm	Executive ReportsPresidentTreasurer
8:05 pm	Unfinished BusinessConstitution and Bylaw Review Committee
8:10 pm	New Business • Special guests at monthly meetings
8:20 pm	 Announcements and Upcoming Events The PAC 101 slides are available on website <u>abbotsforddpac.ca</u> <u>Parent Learning Survey</u> available until October 28 Register <u>BCCPAC Memberships</u> by November 15 <u>PAC Executives Registration</u> Public Board Meeting – November 4, 6 pm; School Board Office <u>BCCPAC Virtual Membership Summit</u> Nov 15; register by Nov 7
8:30 pm	Open Floor
9:00 pm	Adjournment

Next meeting: November 27, 2025, 7 pm on Zoom

